



G R O W

IN GROUPLIFE

**YOUR GUIDE FOR CONNECTING &
MAKING THE MOST OF YOUR GROWTH**

FALL 2026



**FIRST BAPTIST
BRYAN**

A LIFETIME OF GROWTH

Imagine you've just gotten married. The "big day" was an over-the-top celebration with your beloved, your friends, and your family. Upon exiting the wedding venue, you're blasted with bubbles and birdseed on the way to the parking lot. You hop into (not one, but) two different cars and head your separate ways, with a promise to meet up weekly – just for an hour. In public. Unless there's something else that comes up. Predictably, it wouldn't take long for your marriage to feel disconnected and distant. Why? Because the wedding day isn't the goal. It is simply meant to celebrate and usher in an inseparable way of doing a lifetime of marriage together.

The same is true of your relationship with God. You were saved to make the most of your relationship with God for the rest of your life. Around here, we would say that your purpose in life is to ***make Jesus your all and to share Him with all.*** "Make" is an important word. It signals that you have a choice on how you will live. Will you live essentially disconnected and distant from the One who saved you? Or will you grow closer to Him and live the life of joy and purpose He intends for you to experience?

Our church family shares the same mission you do as an individual. Our ministry model is tailored to help us make Jesus our all and share Him with all. If you will be faithful to gather in Worship, ***grow in GroupLife***, and go on mission with us, you can expect your heart to beat with love for Jesus and His Kingdom purposes.

This guide will help you design a growth plan for your life, so you won't waste years struggling adrift from Jesus. We want you to take hold of the abundant life He died to give you now, before you experience eternal life on the other side. Once you have your plan in place, your best move is to connect with others who will help you stick to it. We are God-wired to grow and do life together in groups.

Keep reading to find out more about how you can connect and make the most of your growth in GroupLife at FBC Bryan.

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3 ESSENTIAL GROUPS

“GroupLife” refers to the total groups ministry at First Baptist Bryan, not just Sunday morning groups. There are three essential types of groups—each unique in form and emphasis. Groups can be on-campus, off-campus, on-going, long-term, or short-term. All types play an important role in building relationships, spiritual growth, and Christian maturity.

DISCIPLESHIP GROUPS

These longer-term groups are for those needing a season of intentional discipleship, mentoring, or accountability resulting in deeper intimacy with God and more fruitful living for His Kingdom purposes.

GROUPLIFE CLASSES

We encourage every member of FBC Bryan to find community in a Sunday morning GroupLife class and make it a part of their weekly Sunday morning rhythm.

These weekly, on-going classes provide foundational Bible study, relationship connections, and opportunities to be on-mission together.

MIDWEEK STUDIES

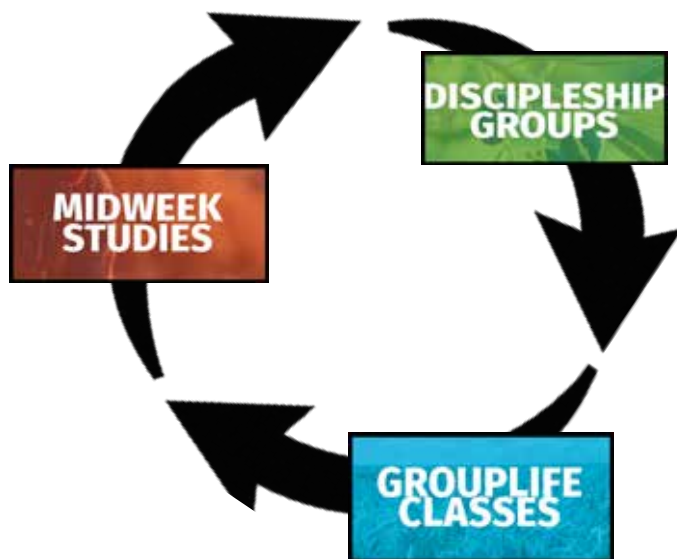
These semester-based, short-term studies meet primarily on Wednesday nights, but also on weekdays. They give focus to four essential aspects of discipleship growth, and one’s personal well-being.

WHERE SHOULD I START?

Prioritize building a solid foundation in your personal walk with Jesus. Build closeness and fruitfulness in your lifetime walk with Jesus in a **DISCIPLESHIP GROUP**.

Build the foundation of essential community, Bible Study, and missional living in a **GROUPLIFE CLASS**.

Supplement your whole-person development with a balance of **MIDWEEK STUDIES** over time.



PERSONAL ASSESSMENT

Rank each of the statements below.

1 means "Very Untrue" on the scale. 5 means "Very True."

1. Our family members attend our Sunday AM GroupLife classes 3 out of 4 Sundays per month.

1 2 3 4 5

2. I feel known and cared for in this church family.

1 2 3 4 5

3. I feel daily closeness and intimacy with God.

1 2 3 4 5

4. I have developed the habit of self-feeding on God's Word most days of the week.

1 2 3 4 5

5. I know my spiritual gifting and am using it to influence others for Christ.

1 2 3 4 5

6. Issues from my family, or life tragedies, have set back my walk with Christ.

1 2 3 4 5

7. Hurts, habits, or hangups interfere with my spiritual growth and service to others.

1 2 3 4 5

8. I have a mentor or a handful of friends I meet at least monthly for mutual encouragement in Christ.

1 2 3 4 5

9. I have found the ministry area I believe God made me for.

1 2 3 4 5

10. I am a disciple-maker.

1 2 3 4 5

GROWTH PLAN

Score your Personal Assessment:



Add the scores for Questions 3-5 and 8-10.

If you scored **below** 18, you should establish or restore a healthy and thriving walk with Jesus in a Journey Group. We encourage every member to participate in a Journey Group to lay a strong foundation for a growing and joyful relationship with Jesus and a lifetime of fruitful Kingdom influence. Other Discipleship Group options will build on this foundation.



Add together the scores for Questions 1 & 2.

If you scored **below** 6, you should connect with and fully participate in the life of a Sunday AM GroupLife Class, along with Worship, as part of your weekly Sunday AM routine. This group will provide essential community, Bible study, and missional service opportunities.



Add together the scores for Questions 6 & 7.

If you scored **greater than** 6, you should review MidWeek options and select the study that best addresses needed areas of personal and spiritual growth. Living Well Ministries bring hope, healing, and wholeness to personal and relationship areas. Other adult growth studies provide an opportunity for balanced spiritual growth over time. Growth studies are offered each semester that develop the whole person—tending to one's heart, soul, mind, and love for one's neighbor.

DISCIPLESHIP GROUPS

JOURNEY GROUPS

Many Christians spend decades tending to their spiritual life by trial and error. Or worse, they don't tend to it at all. Going to weekly Worship Services, and even Sunday School, does not guarantee a healthy, vibrant walk with the Lord if a foundation for growth has not been properly built.

"I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing."

John 15:5 ESV

The Journey is a 9-month discipleship process, that helps believers experience God personally, grow in an abiding relationship with Jesus, and live with fruitful influence.

In a Journey Group of 6-10 same-gender believers, you will learn how to self-feed on God's Word, engage with God through journaling, identify hindrances to your walk with God, discover your spiritual gifting and how to use it, and leave a legacy of influence. Each Journey Group has 2-3 Co-Guides who have gone through *The Journey* and are ready to guide you in the process.

Head to our church website at fbcbryan.org/grow to find out more about Journey Groups and register your interest. A Journey Groups coordinator would love to reach out and answer any questions you may have.

MENTORING AND MORE...

There are many ways that God develops believers into disciples through the church, the Body of Christ. Many of these are organic and happen naturally in relationships. But in a church this size, intentionality and resources are necessary and helpful.

MENTORING

Over the last few years, God has been raising up several in our church with a heart for mentoring. Others, have sensed the need to be mentored. Mentoring is a type of relationship-based discipleship that happens between seasoned and newer believers. Our women's, men's, and college ministries are developing mentoring pathways, training, and resources. If you would like information on mentoring, or being mentored, I encourage you to reach out to one of these ministry areas for more information.

Women interested in our mentoring program can email [**womensmentoring@fbcbryan.org**](mailto:womensmentoring@fbcbryan.org) for more information.

ACCOUNTABILITY GROUPS

For many years at First Baptist Bryan, Accountability Groups have helped many believers make Jesus their all and share Him with all in the context of close friendships. Accountability Groups are resourced with key questions and resources helping groups to go beyond small talk into supportive spiritual conversations. We encourage everyone to meet regularly with a few others as an ongoing lifestyle. You can find guidance and resources for starting an Accountability Group at [**fbcbryan.org/grow**](https://fbcbryan.org/grow).

GROUPLIFE CLASSES



SUNDAY MORNING RHYTHM

IT STARTS AT HOME | YOUR ALARM CLOCK

We encourage everyone to make GroupLife a part of their Sunday morning rhythm. GroupLife takes place at 8:40, 10:10, and 11:30 AM, adjacent to the Worship Service of your choice. Set your morning alarm, and show up to make the most of both Worship & GroupLife on Sunday mornings.

ON CAMPUS | PARKING

Be sure to build in a little extra time to find parking and get your kids checked in for the first time. We have designated parking spaces for first time guests at our front entrance facing Freedom Blvd.

ON CAMPUS | THE ATRIUM WELCOME DESK

There are GroupLife classes for every age and life stage—babies to senior adults. We believe every child and adult should be in regular, age-appropriate Bible study in a Christian community. Atrium Welcome Desk hosts will be happy to help you select a class for yourself, answer any questions you might have, and walk you to the check-in areas for each of your family members.

CHOOSING YOUR LIFE-STAGE CLASS

There are 50+ adult classes in which you can build community, grow in your faith, and be on mission together. Most adults prefer building community with others in their life stage. But we also have classes for building intergenerational connections on Sunday mornings.

You can find Sunday Morning classes for each GroupLife hour listed at fbcbryan.org/grow, or review the listing on the following pages.

ADULT LIFE-STAGE CLASSES

College Department

Weeknight college Bible studies (“BStuds”) serve as the primary context for collegiate Bible Study and community groups.

Sunday mornings, students are encouraged to integrate into the multi-generational life of our church. The church is healthiest when generations encourage and disciple one another (Acts 2:42-47, Ephesians 4:11-16).

College students are encouraged to attend a Worship Service and serve other generations. Students also wanting to participate in an Adult Sunday morning GroupLife class can find a full listing of Adult classes ready to welcome them at fbcbryan.org/grow.



Virtual GroupLife

This Coed Adult GroupLife Class is for those unable to attend in person. At 10:10 AM every Sunday, the class connects through video conferencing software available on personal computers and mobile devices. The class is taught by Lori Morgan, and uses Explore the Bible—a book by book study through the whole Bible, alternating Old and New Testament books. Use the QR code to register for the class—a class leader will followup with you.



Families Class @ 8:40 AM

PARENTS OF PRESCHOOLERS

Room 271 | Jason & Rachel Whisenant

This class is a great place for parents with preschool-age children to connect with new friends in GroupLife. Parents will explore the Bible, apply its wisdom for home and parenting life, and practice making Jesus their all and sharing Him with all. This class is only for couples whose oldest child is Pre-K or less (there is no corresponding Kids Ministry programming at this hour).

CLASSES MEETING AT 10:10 AM

(All classes and locations subject to change)

Singles Department

THE LOFT @ 10:10 YOUNG ADULTS

Loft A & B | Gary Peil, Alicia Stephenson, and Stone Naquin

For young adults in their 20s - 40s who are continuing in their education or getting started in their careers.

THE LOFT | PRIMETIME SINGLES

Loft C | Chris Thompson, Wes Blizzard, and Charlie Tipps

This class of 50+ singles studies the Bible through a facilitator/group discussion format, and plans numerous activities to build community during the week.

Families Department

YOUNG COUPLES

Room 276 | Tell & Susan Butler

This class is for engaged or married couples with no children. Couples will learn how to follow Jesus, build each other up in community, and share Jesus at home and in other places of personal influence.

PLANTING SEEDS

Room 271 | Clay Bryan and Tyler Pigg

This coed class is for parents with young children. Parents will learn to follow Jesus, build each other up in community, and share Jesus at home and in other places of influence.

FAITHFUL FOUNDATIONS

Room 272 | Robert Cheyne

A great place for couples with elementary age children to connect with new friends and discover the Bible's wisdom for home life, following Jesus, and living in community.

FAITH & FAMILY

Room 242 | Chris & Barb Reed

This class connects parents with preschool and school age kids. This group teaches book by book through the Old & New Testaments.

1BY PARENTS @ 10:10

Room 170 | John Fellers

This class is for parents of our 1BY (First Bryan Youth) ministry. Specific focus is given to a parent's discipleship journey, parent-teen relationships, and supporting teens' growth in Christ.

1BY: REFINING FIRE

Room 243 | Annie Sellers and Jason Whittle

This adult coed class is for parents with teens. Through group discussion, it will encourage adult community and parents' partnership in the discipleship of their teens.

THE GATHERING

Room 232 | Jeremy Palmer

This class includes men and women in different stages of family life in their 20s - 60s who learn to follow, love each other, and live on mission together.

Median Adults (50s – 67)

LIVING FREE

Room 270 | Alex Berwick

These couples are learning how to live in the new freedoms that come as their nest empties. Their focus is living free as a Christ-follower, loving each other, and living on mission.

GATHERING IN GRACE

FH 120C | Pete Lair and John Lusher

This casual adult class primarily includes coed adults in their 40s-60s & welcomes adults of younger and older generations.

JESUS LIFESTYLE

FH 120D | Richard Alexander

This coed median adult class encourages apprentices (disciples) of Jesus to continue learning to follow, loving each other, and living on mission.

LEGACY BUILDERS

Choir Room | Matt Marsh

This class gives focus to rebuilding marriage connections in this stage of life and increasing a Kingdom legacy.

GENERATIONS WOMEN'S

Room 136A | Betty Barrett

This interactive class includes women of all ages and life stages who enjoy learning to follow, loving each other, and living on mission. The class uses MasterWorks curriculum.

Senior Adults (68+)

CORNERSTONE

Room 236A | Dale O'Reilly and Karen Lancaster

This class will walk through every book of the Bible using Explore the Bible curriculum. They will give focus to learning to follow Jesus, loving each other, and living on mission.

KINGDOM SEEKERS

Room 236B | Dicky Herron, Mickey Blackwell, and Gerald Popp

This coed class is for median adults in their 50s+, and follows LifeWay's MasterWorks from renowned Christian authors to deepen personal engagement with God's Word.

WALKING IN JOY CLASS

Room 235 | Jim & Tamera Eggebrecht

This coed class features deep, verse by verse, interactive study of the Bible in which every member is encouraged to participate in the discussion.

BROWER MEN'S

Room 234 | Rob Brower

Following the Explore the Bible curriculum, this class of adult men uses a facilitator/group discussion format.

CLOSER WALK

Room 231 | Paul Kullman

This close, caring class of Baby Boomer adults is highly engaged in local ministry and missions. New spiritual insights are gained working through the Explore the Bible curriculum.

SALT AND LIGHT

FH 120A | James Henry

This young senior adult class meets every week for Bible study, authentic fellowship, and living with Kingdom influence.

OBERHELMAN CLASS

Room 241 | Steve Oberhelman

This class of intensively studies the Bible each week through engaging lecture and discussion. Dr. Oberhelman is a professor of New Testament Greek and dean at Texas A&M University.

OPEN DOOR

Room 136B | Bill Moore

The Open Door class provides senior adult men and women the opportunity to study God's word, enjoy each other's fellowship, and be on mission together.

GRACE WOMEN'S

Conference Room 128 | Gretchen Hanson

This senior adult women's study uses the Explore the Bible curriculum. Featuring a group discussion format, everyone is encouraged to make comments and ask questions.

ENCOURAGERS

Room 137 | Glen Thompson

Each session includes scripture readings, a lesson, and a time for questions and discussion.

EUNICE WOMEN'S

Room 138 | Karlyn Fedora

These senior adult ladies include and welcome younger women and uses the Explore the Bible curriculum each week.

FAITHFUL SENIOR COED

Room 135 | Lavon Anderson, Frank Murphy, and Cliff Ray

This class works through Explore the Bible curriculum with a rotation of teachers and a variety of styles—lecture, discussion, Q&A.

Special Needs Adults

SILENT ADULTS

Conference Room 131 | JoRaye Lands

A GroupLife experience for the hearing impaired.

SPECIAL ADULTS

Room 240 | Renny Boase

A GroupLife experience for friends of differing abilities with fellowship and learning God's Word.

CLASSES MEETING AT 11:30 AM

THE LOFT @ 11:30 YOUNG ADULTS

Loft A & B | Gary & Trisha Peil and Joe & Janell Luce

For young adults and students in their 20s & 30s looking for a place to grow in relationship with God and in community with others.

PARENTS OF KIDS

Room 243 | Carter Parks

A class for parents of preschoolers & kids who desire to remain grounded in God's Word and abide in Christ during the busy years of parenting. Together, class members pursue Jesus, build authentic community, and grow in leading their families with purpose and faith.

THE WELL

Room 272 | James Inmon

This coed, multi-generational adults class with 20s - 60s teaches through the Bible and seeks to apply it to every age and life-stage. They share life experience and selflessly do life alongside one another at a variety of life stages.

PRACTICING THE WAY

Room 242 | Jeff Turner and Andrew Howerton

This coed, multi-generational adults class with 20s - 60s seeks the power of the Gospel to transform their lives. Each week, the Bible study gives focus on how to daily abide in Jesus.

SEASONS

Room 276 | Nancy Taylor

This multi-generational adult women's class with 20s - 60s+ uses the Gospel Project curriculum to give focus to seeing Jesus in all of scripture, abiding in Him, and being transformed by Him.

SHIELD & SWORD

Room 137 | Mike Lang

This growing coed median adult class with 40s - 55+ is learning to follow Jesus, to love well, and to live on mission together.

THE SWORD

Room 135 | Bob Turner

This class is for senior adults who attend the 10:10am Worship Service. They give focus to Bible Study, fellowship & being on mission together.

Spanish Ministry Classes

SPANISH PRE-TEENS 9-12

Maestro: Zahira Arguinzoni

Room 232 | Aceptar a Jesús como Señor y Salvador, es una decisión importante en la vida de toda persona. Esta decisión comienza cuando un niño es suficientemente maduro para comprender el amor de Dios para su vida. En esta clase, nos estaremos enfocando en establecer bases espirituales como: la salvación, oración, la Biblia, y lo que Dios ha hecho para mostrarnos su amor.

SPANISH TEENS 13-15

Maestros: Kevin Dubón

Room 233 | Esta clase estará estudiando sobre la importancia de las bases espirituales. Aprenderán sobre la salvación, la oración, el estudio de la Biblia y sobre el inmenso amor de Dios.

SPANISH HIGH SCHOOL YOUTH

Maestros: Raúl y Kayla Sandoval

Room 230 | ¿Has estado alguna vez perdido en algún lugar, sin saber cómo encontrar tu rumbo? Gracias a Dios existen mapas que pueden guiarnos a encontrar el camino. Siguiendo esta línea de pensamiento, la Biblia es el mapa para la vida para toda persona que busca encontrar su camino para establecer una relación íntima con Jesús. Cuando encuentras a Jesús, la vida comienza a verse más clara, a tener más sentido. Te invitamos a unírte a este grupo donde estudiaremos el mapa espiritual para la vida. ¡VEN!

JÓVENES ADULTOS Y UNIVERSITARIOS

Maestros: Sam & Joyce Allen

Room 236B | Nos encontramos estudiando sobre la sabiduría bíblica en relación con las problemáticas sociales de hoy. Esta clase te provee oportunidades para establecer amistad con el grupo. ¡Te esperamos!

ADULTOS 22 - 34

Maestra: Sergio y Jenny Carrera

Room 234 | Crecer en Cristo es un viaje que dura toda la vida. Deseamos que tu caminar con Jesús sea uno seguro, uno que muestre progreso, a fin de llegar a ser más semejante a Jesucristo. ¡Ven...aquí hay un lugar para ti!

ADULTOS 35-44

Maestro: Teo Cisneros

Room 235 | Profundizar nuestra relación con Jesús es algo maravilloso, ¡pero no termina ahí! Con esa relación viene una responsabilidad, una misión que llevar a cabo. Es un privilegio caminar con Cristo y llevar Su evangelio a nuestro prójimo, a nuestra comunidad y al mundo. Esta clase estará enfocando su estudio en el libro de los Hechos donde aprenderemos del ejemplo de la Iglesia Primitiva, de cómo abrazaron con gozo la misión que Cristo les dejó, con la cual impactaron su mundo.

ADULTOS 45-54

Maestra: Sandra Cisneros

Room 136A | Un discípulo en crecimiento desea conocer a Dios íntima y plenamente. Buscar a Dios es posible porque Dios se nos ha revelado, y lo que se revela en las Escrituras nos motiva a buscarlo a un más. De igual manera, como seguidores de Cristo somos llamados a compartir el evangelio con palabras y acciones. ¿Quieres conocer más a Dios y de su plan para tu vida? En esta clase podrás hacerlo mediante el estudio de su Palabra. ¡Te esperamos!

ADULTOS 55+

Maestros: Ociel Carrillo y Justino Capistran

Room 136 B | El mundo está invadido de religiones, filosofías y opiniones sobre la naturaleza y el carácter de Dios. Nos dejamos llevar por nuestra propia voluntad y creamos a Dios a nuestra imagen. Pero, no se nos ha dejado la tarea de descubrir a Dios por nosotros mismos. A través de la Biblia, Dios se nos ha revelado mediante la obra de Jesucristo para que le conozcamos en una manera personal. Te invitamos a unirte a este grupo, donde juntos podremos ver exactamente quien es Dios.

GROUPLIFE FOR NEXTGEN

Sundays 8:40, 10:10 & 11:30 am

SEEDLINGS SUNDAY SCHOOL

1st Floor: Birth to Pre-K | Preschool Staff: Chelsye Rich

Our screened and approved teachers engage preschoolers in age-graded, developmentally appropriate teaching and activities to help them experience God and His Word. Families will check in at the computer kiosk and follow department safety protocols before their preschooler enters their classroom.

Sundays 10:10 & 11:30 am

KIDS GROUPLIFE AND ROOTED WORSHIP

2nd Floor: K – 6th Grade | Kids Ministry Staff: Jay Miller

At 10:10, kids meet in classrooms grouped by elementary grade and gender to study and discuss the lesson of the week with screened and approved adult volunteers.

At 11:30, kids are grouped and gathered into larger spaces in which they engage in age-appropriate worship and large group Kids Ministry experiences.

Sundays 10:10

1BY GROUPLIFE

Youth Building and The Commons | Staff: Ethan Getrost

During the 10:10 Sunday morning GroupLife hour, students are grouped by gender and grade into small groups with screened and approved adult youth workers to study, discuss, and apply the week's Bible Study lesson.

A man with a beard and a hat is working in a field, possibly planting or tending to crops. The image has a warm, orange-red tint. The text "MIDWEEK STUDIES" is overlaid in white, bold, sans-serif font.

MIDWEEK STUDIES



ADULT GROW STUDIES

Our MidWeek Adult Grow Studies are built around Jesus's Great Commission to go and make disciples, and His Great Commandment to love God with all our heart, soul, mind, and loving our neighbors. The essence of these commands shapes and drives our mission statement to *Make Jesus Your All and Share Him with All.*

Every semester, MidWeek offers Adult Grow Studies that correspond to each of these four critical areas of discipleship growth: HEART, SOUL, MIND, NEIGHBOR.

We encourage you to give balanced attention to each area over time to best steward your discipleship growth.



WEDNESDAY SCHEDULE

NIGHT OF WORSHIP | AUGUST 19

We will kick off the new semester all together in the Worship Center from 6-6:45 PM for Night of Worship. This special evening will include music, worship, and moments of reflection as we focus our hearts on the Lord and look ahead to the fall season. Whether you attend alone, with friends, or as a family, we invite you to join us as we gather to celebrate God's faithfulness and seek Him together. This Night of Worship is designed for every generation to participate together. Full MidWeek programming begins on August 26th. Childcare is available for children ages 3 and under.

FULL PROGRAMMING | AUGUST 26 – DECEMBER 2

MidWeek runs weekly from 6-8 PM, for the duration of the Fall semester (except October 14 for BISD Fall Break & November 25 for Thanksgiving), and includes Adult Grow Studies, Living Well Ministries, Worship Ministries, and opportunities to connect your kids to thriving NextGen Ministries.

CHURCH FELLOWSHIP MEALS | 5-6 PM

Every Wednesday night during the Fall Semester, we conveniently have a fellowship meal from 5-6 PM before MidWeek programming. Menus are listed in each Sunday morning bulletin and posted on our social media channels (menu & prices subject to change). Find the menu and pre-pay at fbcbryan.org/midweek. Beginning August 12, Fall Wednesday night meal pricing will be as follows:

- Todders (3 and under): FREE
- Children (ages 12 and under): \$5
- Youth & Adults: \$10 (\$12 for To-go Meals)
- 1st time FBC Bryan visitors/guests: FREE



ADULT GROW STUDIES

Adult Grow Studies meet Wednesday nights from 6-7:30 PM (unless otherwise noted). After Care until 8pm is provided for parents registered in Living Well Ministry programming, or for parents in Worship rehearsals. The final night of MidWeek is December 2.

NEXTGEN PROGRAMMING

Programming for Preschool, Kids, and Youth ministries meets from 6-7:30 PM. The final night of MidWeek for Preschool and Kids is December 2. The final night of Youth ends December 16. **Limited childcare** is available December 9 for select Adult Grow Studies only.

FALL 2026 MIDWEEK CALENDAR

August 19th, 6-6:45 PM—Night of Worship for Families is for the entire church family—including kids (Kinder and above), youth, and parents—to kickoff the Fall Semester with a night of worship and prayer together. Night of Worship will be in the Worship Center.

August 26th-December 2*—Full MidWeek Programming for Adult Grow Studies & Next Gen Ministries (*will not meet on October 14 and November 25 for BISD Fall Breaks)

LIVING WELL MINISTRIES

Living Well Ministries at First Baptist Bryan brings hope, healing, and well-being through gospel-centered, needs-based ministries. Believers overcome prevailing obstacles that have interfered with their abundant life in Christ.

Divorce Care | Jarrett Eisenrich

Room 137 | You will learn how to heal from the deep hurt of divorce and discover hope for your future.

Grief Share | Greta Calvery

Room 138 | You'll gain access to valuable resources to help you recover from your loss and rebuild your life.

Re:generation | Laura Bauer

Room 241 | Re:generation is a Christ – centered discipleship ministry designed to help people find healing, freedom and wholeness by addressing current and past hurts or struggles that can keep us from experiencing the abundant life God intends.

Embrace Grace | Marilyn Bland

Room 272 | Embrace Grace is for young ladies who are experiencing an unplanned pregnancy or who have recently had their child.

Empower | Courtney Cordero & Jessica Bolding

Room 273 | Empower is for single mothers who are looking for community and support as they seek to thrive & not just survive.

Mended | Nicole Miller

Room 275B | Walk alongside other parents of neurodivergent kids in hard seasons and receive practical support, Gospel-shaped perspective, and a safe place to share.



ADULT GROW STUDIES

Our Midweek Adult Grow Studies are built around Jesus's Great Commission to go and make disciples, and His Great Commandment to love God with all our heart, soul, mind, and to love our neighbors well. We encourage you to steward your own growth by selecting MidWeek Studies over time that will nurture balanced growth as a disciple: HEART, SOUL, MIND, and NEIGHBOR.

GROW YOUR HEART

6:00 – 7:30 pm | Experiencing God in Everyday Life: A Journey toward Spiritual Maturity | Coed Study | David Gusewelle, Senior Adult Pastor

Room 136A | Experiencing God in Everyday Life works through eight “realities” or central truths that guide us on a journey towards spiritual maturity. Each unit of study focuses on one of these realities of experiencing God in everyday life. The eight units will lead you to develop weekly habits, or rhythms, and lead you to take steps toward spiritual maturity.

GROW YOUR SOUL

6:00 – 8:00 pm | Re:generation | Laura Bauer

Room 241 A&B (Breakouts in 232, 233) | Re:generation is a Christ – centered discipleship ministry designed to help people find healing, freedom and wholeness by addressing current and past hurts or struggles that can keep us from experiencing the abundant life God intends. Through authentic biblical community and same-gender small groups, participants experience spiritual transformation in areas such as relationships, emotions, past wounds, fears, unforgiveness, and other personal struggles. Re:generation provides a safe and supportive environment where practical tools and biblical truth come together to foster lasting change.

GROW YOUR MIND

6:00 – 7:30 pm | Overcomers | Men's Study | Mike Ballard, Ministries Pastor | August 26 – October 21

Room 275A | In the Overcomers Bible study, pastor Matt Chandler takes you through each chapter in Revelation, revealing how it is not just about future events but also has practical relevance for your life right now. You are a part of a spiritual family that has helped to bring about God's purposes over the centuries! As a member of the church that carries on that mission today, you are an Overcomer – a believer who is propelled by scriptural truths and empowered by the work of Jesus.

6:00-7:30 pm | Ephesians 6 | Men's Study | Mike Ballard & Galen Remmers | October 28 - December 2

Room 275A | Join the E6 Men's Ministry as we dive into the book of Ephesians to uncover the blueprint behind our ministry's name. Together, we'll learn what it looks like to walk out our faith faithfully, protect our families, and stand firm in Christ using the full armor of God

6:00 – 7:30 pm | Understanding the Big Story of the Bible | Women's Study | Reneé Brady, Women's Pastor

Room 271 | If you've ever felt lost in Bible study and feel like everyone else knows things you don't, this Women's study is for you. In this course, we will get familiar with the Big Story of the Bible to see how it all fits together, from Creation to Revelation.

GROW IN LOVING YOUR NEIGHBOR

6:00 – 7:30 PM | Alpha Groups Neighbor Evangelism | David Booth, Discipleship Pastor & Gary Peil, Singles Pastor

Room Loft AB | Come experience what it's like to be in, or lead, an Alpha group—a tool God is mightily using nationally and globally for believers to share Jesus with their unchurched neighbors. Using hospitality meals and video content that addresses the big questions lost people are asking, you and others from your GroupLife class can confidently share Jesus with your neighbors in a home, coffee shop, or other community location.

**6:00 – 7:30 PM | Mom Up | Mom's Study | Chelsye Rich,
Preschool Director | August 26 – October 7**

Room 274 | Come join other moms as we learn how to step out of survival mode and into the abundant life God has for us through motherhood as we share Jesus at home. NO outside reading required, we will read the book together each Wednesday evening & discuss! Books will be available for purchase for \$12 each the first few weeks of class.

6:00-7:30pm | Family Shepherds | Parenting Study | Matthew Marion, Families Pastor and Steve & Debbie Ward

Room 270 | Family Shepherds is a practical Bible Study for all parents, with an emphasis on the father's calling to share Jesus with his family, serving as an ambassador of Christ. Through both teaching and discussion, men and women will be challenged to see the responsibility and opportunity to honor what only God's grace can do in their children's lives.

WEEKDAY BIBLE STUDIES

Primarily through our Women's Ministries, weekday Bible Studies provide morning & evening opportunities to grow deeper in the understanding and application of God's Word through a variety of topical and Bible book studies.

For up to date information on Women's Ministry Weekday Bible Studies, please visit [**fbcbryan.org/women**](http://fbcbryan.org/women).



