# suggested teaching plan | week 1

# UNSHAKEABLE KINGDOM

## PREPARING FOR SUNDAY

* + 1. PREPARE SPIRITUALLY & PREPARE TO TEACH:

Begin working through the *Teacher Preparation Guide* starting Sunday afternoon or very early in the week. You can find it on the last page of this document. You can also access this (and other) teacher resources at [fbcbryan.org/unshakeable](http://fbcbryan.org/unshakeable).

Prepare yourself spiritually by prayerfully working through the *Unshakeable* Daily Readings throughout the week.

Teachers are always free to narrow the scope of the lesson by zeroing in on a single truth in the chapter they prayerfully believe best meets the needs of the class. Dig into the scriptures around that truth in *Unshakeable*, or supplement it with other passages the Lord draws you to in your preparation.

* + 1. PREPARE RESOURCES:

Ready a cleaned white board with white board markers or a large presentation sheet with permanent markers.

Make a plan for displaying the learning goal on white board, presentation sheet, powerpoint slide, or handout.

Have a method nailed down for collecting class prayer requests and distributing them to the class later that day.

SUNDAY MORNING

READY THE ROOM

## Be sure your class leadership team is ready to receive members and guests by at least 9:50am. Though members are in the habit of showing up later, guests typically arrive early so as not to draw attention to themselves.

Warm the environment of the room with music

## Prominently display the learning goal before anyone arrives:

Use nametags for members and guests. Be ready to gather information from class guests using Guest Information Cards or TouchPoint checkin.

Ensure guests get a copy of the *Unshakeable Personal Journal* when they first arrive*.* This will give guests something to look at while waiting for members to arrive.

Engage guests in warm conversation. Introduce them to others in the class and engage them in conversation if it appears welcome.

## THE GROUPLIFE HOUR

## WELCOME & ANNOUNCEMENTS (< 5 MINUTES). There’s a lot to cover. Select a few announcements that are most time sensitive or important. Leave the remaining announcements to class communications during the week.

## DAILY READING HIGHLIGHTS & PRAYER (10-15 MINUTES)

* + - 1. SHARE INSIGHTS. Instruct your class: “Pair up with a few people around you. Browse through this week’s reading in your *Personal Journal* looking for anything you may have underlined for highlighted. Share something that stood out to you from the Daily Readings this week in your *Unshakeable Personal Journal*.”
      2. SHARE PRAYER REQUESTS. Share how the group can be praying for you. In the interest of time, arrange for prayers for others to be collected and shared with the entire class through email.
      3. REPORT INSIGHTS TO CLASS. Ask someone from a few groups to share with the class something from the Daily Readings that was shared in their group.
      4. UNSHAKEABLE REMINDERS: Encourage the class that in addition to GroupLife, to read the Daily Readings and attend our Worship Service every week. Urge them to bring their *Personal Journal* with them each week. Encourage them to “just read today’s reading” if they fall behind, and leave any catchup work to Day 6, if desired. Encourage them to not get bogged down on being perfectly consistent; Satan will surely use that against them.

## READY THE LEARNERS (<10 MINUTES)

Engage the class member’s HEART & MIND. Debate, illustrate, brainstorm, share a surprising/humorous/controversial quote or question, or tell a personal story you will use to begin your lesson. Something that activates the mind or heart readies the member for learning better than jumping into facts.

* + - 2. PRAY: Pause to pray, leading your class to be open hearted and attentive to God’s truth, how it applies to our lives, and how He wants us to respond. Ask for wisdom and understanding that doesn’t puff us up with pride. Ask for correction where there is error or misunderstanding. Ask for what we learn today to compel us to more deeply love God and all people with whom we come in contact.

## TEACH & APPLY THE LESSON (25-30 MINUTES)

Engage the class member’s HEART, MIND, & HANDS. As you teach the facts of the lesson, you are teaching the mind, and answering the question, “What is true?”. We must also teach the heart, answering the question, “How should I value this truth?”. Finally, we must give attention to the hands, answering the question, “What must I do with this truth that I now value?”



## GUIDE MEMBERS TO RESPOND (5-10 minutes)

Engage the class member’s WORSHIP (“Knowing what I must do with this truth I now value, how will I respond to the Lord?”)



BROAD OVERVIEW

## PREPARING FOR SUNDAY

## Sunday afternoon, begin spiritually preparing by prayerfully working through *Unshakeable* throughout the week; prepare to teach using the *Teacher Preparation Guide.*

## Prepare and collect any resources you will use Sunday morning.

## SUNDAY MORNING | READY THE ROOM

## Be sure your class leadership team is ready to receive members and guests by at least 9:50am.

## Use nametags for members and guests and ensure everyone gets a copy of the *Unshakeable Personal Journal.*

## Prominently display the learning goal before anyone arrives.

## THE GROUPLIFE HOUR

## WELCOME & ANNOUNCEMENTS (< 5 MINUTES)

## DAILY READING HIGHLIGHTS & PRAYER (10-15 MINUTES)

## READY THE LEARNERS (<10 MINUTES)

## TEACH & APPLY THE LESSON (25-30 MINUTES)

## GUIDE MEMBERS TO RESPOND (5 MINUTES)

## FINAL REMINDERS & DISMISS CLASS (3 MINUTES)

## PREPARING FOR NEXT SUNDAY

## See the attached *Teacher Preparation Guide.*

EXPANDED OVERVIEW

ANCHORING RESPONSES TO THE GOSPEL

Gospel encouragement: This does not need to be explicitly stated (though there may be times you elect to), but as you guide members to respond to these lessons, you may need to in one way or another remind the class that God never calls us to live “for” Him, apart from Him. When we abide in Christ by walking in the Spirit, He enables us to live far above what our self-righteousness observance of rules can accomplish. God is able to produce righteousness in us that brings Him glory when we walk by faith.

What does a gospel-centered response look like?

* + - 1. Pray to God about the response He wants you to make.
      2. Confess that you’re unable to do this apart from Him.
      3. Confess that since you have been set free from the power of sin, it no longer has power over you.
      4. Ask for God’s supernatural help.
      5. Walk in obedience with unbroken prayer and dependence on God.
      6. If you slip, that indicates you have slipped back into self-reliance. Enter into God’s presence to receive grace and mercy, knowing you are welcome there based on the work of Jesus for you.
      7. Begin again with dependence on God and confidence that He is eager to cleanse, restore, and abide with you as you begin again.

## FINAL REMINDERS & DISMISS CLASS (3 MINUTES)

* + 1. Prayer Exercise. You may voice a heart-felt, surrendering prayer to close. Or ask a member that walk with Jesus to. Better yet, lead the class through a prayer prompt related to the lesson. Prompt them so THEY are praying, rather than listening to someone pray.
    2. Encourage the group, again, to utilize their *Personal Journal* throughout the week and to bring it with them weekly.
    3. Remind them of any opportunities to connect outside of class planned by the class or provided by the church.

*Teaching directly from the UNSHAKEABLE Personal Journal is* not *advised.   
Use this Preparation Guide to develop your own Custom Teaching Plan.   
All teacher resources online at FBCBRYAN.ORG/UNSHAKEABLE*

## Sunday afternoon, or very early in the week

* 1. Pray the Holy Spirit will guide your preparation without any hindrance.
  2. Quickly read through all of this Week’s Daily Readings in one sitting.
  3. With a highlighter, mark the key Scripture passages in this Week’s Lesson.

## Monday - Friday

1. *Every day,* quickly re-read the highlighted Scripture passages.
2. Read through one Daily Reading per day, prayerfully working through it and completing the questions.
3. Throughout your preparation, make notes of any supporting scriptures, truths, illustrations, or questions the Lord brings to mind.

## On or before Wednesday

1. Prayerfully read through this Week’s *Suggested Teaching Plan*.

## By Saturday

1. Skim all of this week’s Daily Readings and *Suggested Teaching Plan* for any notes you have taken throughout the week.
2. Pray for the Holy Spirit’s directing as you narrow your focus and finalize your preparation. You do not have to re-teach all the content of the Daily Readings; zero in on specific content or themes as He leads.
3. Use the *Custom Teaching Plan* document to develop a teaching plan for Sunday morning GroupLife based on how the Lord has led your devotional and preparation time.

# UNSHAKEABLE

Teacher Preparation Guide