



FBCB Mother's Day Out Parent Health and Safety Plans

Disclaimer: Administrators at First Baptist Church Bryan (FBCB) MDO are not health and safety experts. We cannot identify every possible scenario, but have done our best to provide an overview of the new requirements as we interpret them.

The health and safety of your children, your families, and our staff is our top priority. Our endeavor is to do as much as we can to prevent the spread of any infectious diseases within our program. Please read through these policies and procedures carefully.

We will also have each family sign a disclosure statement that they will comply with our Health and Safety Plan.

In order to maintain the healthiest environment at our program, it is vital that children and staff who display symptoms of illness remain at home.

- Children with any of the following symptoms will not be allowed to attend:
 - *Temperature of 100 degrees or higher
 - *Cough
 - *Shortness of breath or difficulty Breathing
 - *Chills
 - *Repeated shaking with chills
 - *Muscle pain
 - *Headache
 - *Sore Throat
 - *Loss of taste or smell
 - *Diarrhea
- While we know that some COVID-19 symptoms are similar to those of allergies or colds, we reserve the right to deny entrance to those we feel have some of the symptoms which may create an unsafe/unsanitary environment for others at the school. This will also apply if any person(s) dropping off a child each day is showing symptoms.

Health and Safety in the Classroom:

- Children and staff will wash hands with soap and water upon arrival and frequently throughout the day.
- All frequently touched surfaces such as light switches, doorknobs, faucets, counters, tables, chairs, and toys will be disinfected throughout the day and after dismissal of the last student.



- We must limit what is brought into the center for sanitation reasons. For naptime, please send only one small blanket and nap mat. Please follow guidelines in our Parent handbook regarding One year old and Baby classrooms items. **We WILL NOT have blankets for your child to borrow for naptime.** Please be mindful to regularly launder your child's sleeping items.
- We will be playing outside daily, weather permitting. We are encouraging as much playtime OUTSIDE as possible.

Staff Health and Safety:

- Staff will practice self monitoring when reporting to work. Staff will be sent home if they exhibit any signs of illness.

Illness During the Day:

- If a child begins to exhibit symptoms of illness, we will isolate that child in a safe, secure and caring environment until he/she is picked up. Parents should pick up a sick child as quickly as possible, but within no more than 60 minutes of being notified. If your work makes this impossible, please make sure to have another designated person who can pick up your child.
- We will follow health and safety guidelines from the state and local public health authorities to determine when a return to the program is appropriate for both staff and children.

Meal Preparation and Service:

- All surfaces will be disinfected before any snacks or meal is served.
- All staff and children will wash hands before and immediately after snack or meals.
- Each child's meal will be served individually and sharing will be discouraged and prevented as much as possible.
- Please be sure to thoroughly label all lunch items including containers within the lunchbox.

Communication:

- If the current situation changes and it becomes necessary to update our procedures or close our program temporarily, families will be notified.



COVID-19 Positive Case:

- If your enrolled child tests positive for COVID-19, please contact the director immediately, so the proper notifications can be made. If your child tests positive they may return to MDO when the following criteria are met:
 - 7 days since symptoms first appears and
 - 24 hours with no fever without the use of fever-reducing medications and
 - other symptoms of COVID-19 are improving
- You will receive an email notification if someone in your child's class tests positive. If your child is not showing symptoms, we will leave it up to the parent's discretion if they want to quarantine at home or return to MDO the next school day.